

AUTUMN! WINTER MENU 2026

FRESH!

NUTRITIOUS



Chartwells
Schools

OUR SCHOOL MEALS AT A GLANCE

We believe school meals should be nutritious, varied and enjoyable – helping every child feel fuelled, focused and ready to learn.

Nutritious and Balanced

- ✓ Our Autumn/Winter menu provides balanced, tasty and nutritious meals for pupils
- ✓ Meals are carefully balanced with carbohydrates, protein and healthy fats to support wellbeing
- ✓ Menus offer variety, colour and familiar seasonal dishes that appeal to pupils

Fresh and Varied

- ✓ Fresh fruit and vegetables are available daily to encourage nutrient dense plates
- ✓ A wide variety of colourful vegetables are offered each week, including seasonal choices where possible

Standards You Can Trust

- ✓ All menus are developed in line with the School Food Standards
- ✓ No Food Standards Agency (FSA) prohibited additives are used in our meals
- ✓ Meat dishes meet Government Buying Standards (GBS) requirements
- ✓ Oily fish is included, in accordance with the School Food Standards

Something for Everyone

- ✓ Vegetarian options are available every day, with plant-based dishes featured across the menu cycle
- ✓ Allergy Aware and bespoke menus are available to support pupils with specific dietary needs

Healthier Choices

- ✓ Wholegrain carbohydrate options are regularly included, such as wholemeal bread, wholegrain rice and wholewheat pasta
- ✓ Ingredients and recipes meet, or are below, Public Health England targets for sugar and salt

TASTY

FRUITY!



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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION 1

Creamy Garlic Pasta

Bean and Cheese Pastry Turnover with Herby Diced Potatoes

Cheese and Onion Pie with Roast Potatoes

Yellow Vegetable Curry with Wholegrain Rice

Quorn Dippers with Chips

OPTION 2

Cheese and Tomato Pizza with Nut-Free Pesto Pasta

Pork Sausage Bites with Mashed Potato and Gravy

Roast Chicken with Roast Potatoes, Stuffing and Gravy

Chicken Tikka Masala with Wholegrain Rice

Fish Fingers with Chips

OPTION 3

Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta

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OPTION 4

Cheese and Tomato Panini

Tuna and Cheese Panini Melt

Roast Chicken Pitta Pocket

Cheese and Tomato Toastie

Tuna and Cheese Panini Melt

OPTION 5

Ham or Cheese Sandwich

Ham or Cheese Sandwich

Ham or Cheese Sandwich

Ham or Cheese Sandwich

Ham or Cheese Sandwich

DELI DISHES ARE SERVED WITH MIXED SALAD

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

DELI DISHES

HOT DISHES

TASTY

DESSERT

Flapjack

Chocolate Ice Cream

Crispy Crackle Bar with Fruit

Jam Slice

Yoghurt and Fruit

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES
With a choice of topping

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Vegetarian Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

FRUITY!

**WEEK 1
WEEK 2
WEEK 3**

W/C: 02/11/2026, 23/11/2026, 14/12/2026, 04/01/2027, 25/01/2027, 15/02/2027, 08/03/2027

Menu 1.11.2023

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HOT DISHES

TASTY

DELI DISHES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Spicy Tomato Pasta Bake with a Garlic Doughball	Chinese Vegetable Rice	Quorn Roast with Potatoes, Yorkshire Pudding and Gravy	Beany Pasta Bake	Quorn Dippers with Chips
OPTION 2	Cheese and Tomato Pizza with Nut-Free Pesto Pasta	Beef Burger with Herby Diced Potatoes	Roast Gammon with Mashed Potato, Yorkshire Pudding and Gravy	Mince Beef Cobbler with Mashed Potato Gravy	Fish Fingers with Chips
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
OPTION 4	Cheese Panini	Tuna and Cheese Panini Melt	Roast Gammon Pita Pocket	Cheese and Tomato Panini	Cheese Panini
OPTION 5	Ham or Cheese Sandwich	Ham or Cheese Sandwich	Ham or Cheese Sandwich	Ham or Cheese Sandwich	Ham or Cheese Sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Chocolate Cookie	Strawberry Ice Cream	Apple and Berry Crumble with Custard	Chocolate Fudge Cake	Yoghurt and Fruit

AVAILABLE DAILY



**FRESH FRUIT, SALAD,
YOGHURT AND WATER**



BAKED POTATOES
With a choice of topping



Vegetarian **Vegan** **Oily Fish** **Fruity!** **Wholegrain** **Nutritionist's Choice**

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FRUITY!

**WEEK 1
WEEK 2
WEEK 3**

W/C: 09/11/2026, 30/11/2026, 21/12/2026, 11/01/2027, 01/02/2027,
22/02/2027, 15/03/2027

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HOT DISHES

TASTY

DELI DISHES



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Red Pepper and Nut-Free Pesto Spaghetti	Cheese and Tomato Quiche with Potato Wedges	Quorn Roast with Mashed Potato, Yorkshire Pudding and Gravy	Macaroni Cheese	Quorn Dippers with Chips
OPTION 2	Cheese and Tomato Pizza with Nut-Free Pesto Pasta	Homemade Sausage Roll with Herby Diced Potatoes	Roast Chicken with Mashed Potato, Yorkshire Pudding and Gravy	Hunter's Chicken with Potato Wedges	Fish Finger Sandwich with Chips
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
OPTION 4	Cheese Panini	Cheese and Tomato Panini	Roast Chicken Pita Pocket	Cheese Panini	Cheese and Tomato Panini
OPTION 5	Ham or Cheese Sandwich	Ham or Cheese Sandwich	Ham or Cheese Sandwich	Ham or Cheese Sandwich	Ham or Cheese Sandwich
DESSERT	Oat Cookie with Fruit	Vanilla Ice Cream	Chocolate Cookie	Chocolate Sponge with Chocolate Custard	Yoghurt and Fruit

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

DELI DISHES ARE SERVED WITH MIXED SALAD

AVAILABLE DAILY



**FRESH FRUIT, SALAD,
YOGHURT AND WATER**



BAKED POTATOES
With a choice of topping

FRUITY!

**WEEK 1
WEEK 2
WEEK 3**

Vegetarian Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

W/C: 16/11/2026, 07/12/2026, 28/12/2026, 18/01/2027, 08/02/2027, 01/03/2027