



How to help your child at home with Early Maths skills



Subitising Practice

- Play “How many?” games using small groups of objects (buttons, raisins, Lego bricks).
- Use dot cards or dice to help quickly recognise quantities without counting.

Counting Activities

- Count everyday items such as stairs, apples, socks, claps, or jumps.
- Play “Make 5” or “Make 10” games using fingers, counters, or household items.

Part-Part-Whole Thinking

- Use a plate or a tray to split groups of objects into two parts and talk about how they make a whole.
- Try simple stories “You had 4 cars, you gave 1 to your friend-how many do you have now?”

Use Visual Models

- Create a simple abacus or use bead strings to show numbers and patterns
- Use five or ten frames (can be drawn or printed) to help children to see numbers

Make It Fun and Routine

- Embed maths into daily routines-lunchtime, tidying up, bath time.
- Keep sessions short and playful-10-15 minutes.
- Play "Numbots"

